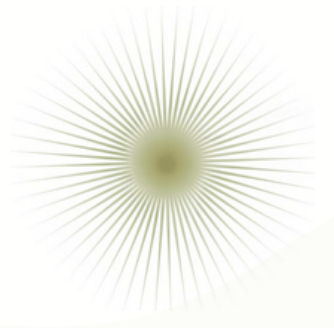


MY PATH OF HEALING

integrative healing & transformation



Welcome

“The wealth within you,
your essence,
is your kingdom.”
-rumi



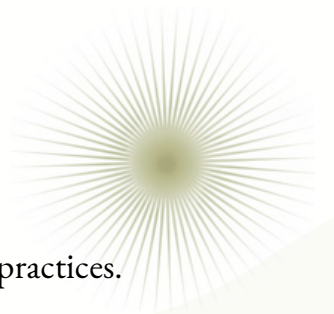
Dear Health Seeker,

Thank you for allowing me to assist you on your healing path.

I am here for you as a committed listener, mirror, and partner in the process of healing.

In order to ensure the best possible outcome, I always strive to provide a safe, supportive, and confidential environment that encourages self-discovery, transformation, and healing. During our first session, we will spend ~20 minutes talking through the course of our work together.

Energy healing sessions take place on a massage table and you remain fully clothed. With your permission, I will place my hands over or on your body or with the Human Energy Field around it. Sessions combine clearing, balancing, charging, and repairing the body's Energy System. This includes work with the organ's energy field, as well as balancing and stabilizing the endocrine, nervous, lymphatic, and digestive systems and helping pre/post-surgery to integrate changes, expedite recovery, and return to balanced energy flow. During our work together, we will explore areas that influence your state of well-being. We may address your health history, life stressors, belief system and attitudes, your family and childhood history, diet, exercise, dreams, longings, and relationships. Each healing sessions is oriented towards your personal needs and follows your own unique healing journey.



Along with the laying of hands we will use somatic meditations and breath practices.

When lower density vibrations (blocks, stagnant energies, etc.) are released from our energetic bodies, we in turn release limiting beliefs and thought patterns that can hold us back in life and negatively affect our health. These patterns must be faced and integrated back into our essence. When it is in the shadow of the unknown, it limits our spiritual growth and affects our wellbeing.

Self-care is a very important part of this work.

If at any time during the session you feel uncomfortable, please inform me immediately - it is your responsibility to make me aware of your needs. I also recommend that you refrain from using alcoholic beverages, any mind altering substances, and doing strenuous activity, for 24 hours prior to and following the session.

Additionally, please make sure to drink plenty of water and allow quiet time for rest, to allow for better integration of the healing.

If you suffer from any of the listed below, make sure to inform me so I can adapt breathing exercises and possible breathwork for your needs.

schizophrenia

bi-polar

epilepsy

heart conditions

high blood pressure

detached retina

glaucoma

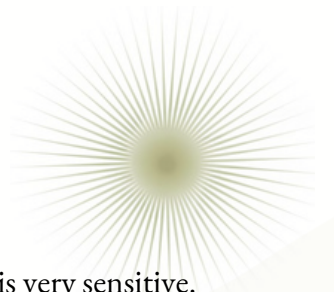
diabetes

thyroid condition

brain aneurysm

abdomen aneurysm

pregnancy



I highly respect your privacy and understand that your personal information is very sensitive. I will not disclose your information unless you tell me to do so. What you choose to share during our sessions is always kept confidential. I may, however, consult without mentioning your name, with my professional supervisor, so that you may receive the best assistance available.

During the energy treatment sessions, I do not provide medical diagnosis or prescribe medications or procedures. If you have a medical injury or health condition, I hereby ask that you seek care and supervision of a licensed medical professional. I do not advise you to discontinue any medical treatments that you may be receiving.

We may prefer to set up a regular schedule to work, but there is never an obligation to continue this work.

Cancellation Policy

If you need to cancel the appointment, please give me a 24 hour notice (or more).

Failure to do so may result in a \$50 fee.

Waiver

By signing this acknowledgment, waiver, and consent to receive treatment, you agree that I will work with you in the above-described manner.

Printed Name: _____

Client Signature: _____

Date: _____

Phone: _____

Email: _____